



The Serene Spa Experience

Simply Serene, Indulge your senses, Invigorate your body, Natural...Organic, Transforming mind, body and spirit.

Enter an oasis on tranquility where body and senses are indulged and nurtured.

Back to the basics – simple, pure, and natural is the transformational journey that begins at Serene Spa. Leave the world behind and come regenerate your mind, body and spirit. Serene Spa is an oasis of tranquility where you leave behind everyday things, while your senses are indulged in extraordinary ways. Organic products, the therapeutic touch, and tranquil ambience combine and the end result is muscle relaxation, reduced tension, enhanced circulation and revitalized skin

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Date:

Service:

No. of People:

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Therapeutic Massage A soothing full body treatment that eliminates tension and muscle fatigue. Incorporates some deeper pressure techniques to target specific problem areas.

45 min. \$60 | 60 min. \$75 | 75 min. \$90 | 90 min. \$110

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Mother-to-be Massage Designed to relieve areas of discomfort by reducing fluid retention and sore muscles. For second and third trimester. Doctor's approval required.

60 min. \$75

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Thai Massage Re-balance the body's energy system with this ancient healing practice using passive stretching and palming along the body's energy lines. You are fully clothed on a mat while this massage is performed.

90 min. \$115

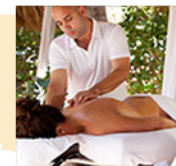
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Stone Therapy Massage Heated basalt stones strategically placed to warm the body. The warm stones are used to melt away and release muscle tension.

75min. \$95 | 90 min. \$120

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Couples Massage A treat for lovers or special friends – a perfect way to share special time.

Must be scheduled 10 days in advance. Credit card is required at scheduling of appointment.

60 min. \$160

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Visit Serene Spa for a tranquil ambience and an uncomplicated body-care experience.

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Hours

Serene Spa invites you to come receive your unique body care experience during the following hours:

BY APPOINTMENT ONLY

Tuesdays 9:30 a.m. – 5:00 p.m.

Wednesdays 9:30 a.m. – 7:00 p.m.

Thursdays 9:30 a.m. – 7:00 p.m.

Fridays 9:30 a.m. – 6:00 p.m.

Saturdays 9:30 a.m. – 4:00 p.m.

FOR THE COMFORT OF OUR GUEST NO CHILDREN UNDER THE AGE OF 13 YEARS

10 Park Ave, Winter Park, FL 32789

Telephone: 407-098-0009
Toll Free: 1-800-033-4300

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